

REACH *Team*™

Children Exposed to Violence Initiative Resource Guide

Hotline Number:

1-800-984-2404

Children's Institute offers one of the nation's strongest models for working with children, youth, and families.

We seek to meet the complete needs of the child and the entire family. Bilingual services are available.

Domestic Violence

Battered woman hotline (310) 392-8381

County Domestic Violence Safety Hotline for immediate help such as emergency shelter or transportation. (800) 978-3600

Violence Against Women Act (VAWA) helps certain *non-citizens* who are in abusive situations to petition for lawful residency. (800) 799-SAFE (7233)

NoDVLA.org website offers resources for victims of domestic violence, such as shelters.

Jenese Center, Inc. offers emergency shelter and full wrap-around services for women and children. 24/7 (800) 479-7328

Domestic Violence Legal Advocacy Project (DVLAP) offers direct legal services and advocacy to *LGBT victims* of intimate partner violence, sexual assault, and/or stalking. (323) 993-7649

Peace Over Violence offers extensive programs for sexual and domestic violence and child abuse (legal, medical, and group support). Bilingual. 24/7 hotline (213) 626-3393 / (626) 793-3385

Sexual Violence

National Sexual Assault Hotline offers confidential help from emotional to legal care. 24/7 hotline (800) 656-4673

Violence Intervention Program Sexual Assault Center has medical experts 24/7 providing forensic and medical exams in a calm space and offers resources. Police or DCFS referral required. (323) 409-3800

Gang Violence

GRYD Foundation is dedicated to helping communities that have been affected by violence, poverty, and unemployment. (213) 473-7796 / 10950 S Central Ave, Los Angeles, CA 90059

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Watts Gang Taskforce is comprised of community members, LAPD, and local elected officials to reduce gang-related crime in Watts that meets every Monday, except the last Monday of the month, at Watts Health Center 10am-12pm. (323) 564-4331 ext.3310

Mental Health

Trauma Resource Center offers individual and group therapy and referrals for victims, derivatives, and witnesses of a crime at no charge. Walk-ins welcome Mon-Fri 10am-5pm
www.traumaresourcecenter.org / (323) 432-4399 / 5849 Crocker St, Unit X, Los Angeles, CA 90003

Mental Health Urgent Care Center (MLK Exodus) offers adult and adolescent mental health assessment, crisis stabilization, medication evaluation and management, therapeutic intervention, social services, and community referrals. 24/7 on a walk-in basis. Bilingual offered. (562) 295-4617 / 12021 S Wilmington Ave, Bldg 10, LA, CA 90059

LA County Dept of Mental Health/Crisis Hotline
(800) 854-7771

Star View Adolescent Center offers psychiatric and community services for children and families.
www.starsinc.com / (310) 787-1500 / 370 S. Crenshaw Blvd, Ste. E-100, Torrance, CA 90503
Also, a 24-hour behavioral health urgent care center. (562) 548-6565 / 3210 Long Beach Blvd, Long Beach, CA 90807

Los Angeles Child Guidance Clinic offers access to mental health services with trauma-informed care at their service centers and in schools and homes.
(323) 373-2400 / www.LACGC.org / 3031 S Vermont Ave, Los Angeles, CA 90007

Augustus F Hawkins Mental Health Center offers community support, therapeutic services, and specialized foster care (310) 668-4271 / 1720 E 120th St, Los Angeles, CA 90059

Loved Ones Victims Services (LOVS) counseling for people of all ages who have lost someone, often from violence. (310) 337-7006 / 5701 Slauson Ave Suite 116, Culver City, CA 90230

Substance Abuse

Narcotics Drug Abuse (800) 252-6465

Substance Use Disorder (844) 804-7500

House of Uhuru Substance Abuse Program offers both residential and outpatient services.
(323) 568-5400 / 8005 S Figueroa St, LA, CA 90003

Medical Support

Watts Health Center offers a variety of medical, dental, and preventative care services and WIC programming for men and women of all ages.
(323) 564-4331 / www.wattshealth.org / 10300 Compton Ave, Los Angeles, CA 90002

St. John's Well Child & Family Center offers comprehensive medical and mental health services to people of all ages, as well as community outreach and homeless services.
(323) 541-1411 / multiple locations throughout LA

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St. Francis Medical Center offers comprehensive medical services for men and women of all ages, as well as healthy outreach programs for families. For services (310) 900-7380 / General (310) 900-8900 / 3630 E Imperial Highway, Lynwood, CA 90262

L.A. Care Lynwood Family Resource Center offers health screenings and classes on managing chronic diseases, fitness, nutrition, parenting, and help to apply to health insurance programs for low-income families. Child care is provided. (310) 661-3000 / Plaza Mexico at 3180 E Imperial Highway, Lynwood, CA 90262

Kedren Health offers general medical care, mental health care, free preschool for children 0-5 years old, housing assistance, employment support, substance abuse treatment, and help for re-entry populations. (323) 233-0425 / kedren.org / 231 West Vernon Ave Los Angeles, CA 90037

Disability Services

Americans with Disabilities Act (ADA)
(844) 586-5550

South Central LA Regional Center assists people of all ages with intellectual disabilities, cerebral palsy, autism, epilepsy, and other similar disabilities. (213) 744-7000 / 2500 S Western Ave, Los Angeles, CA 90018

Legal Help

Legal Aid Foundation of Los Angeles offers a full variety of services for low-income people from immigration to housing and community development to veteran services. (800) 399-4529 / South LA Office 7000 S Broadway, Los Angeles, CA 90003

***1736 Family Crisis Center** offers extensive services such as legal services, emergency shelters for homeless, runaways, youths, and domestic violence, counseling, life skills training, family reunification, emergency room response/veteran services/Low-income housing. 24/7 hotlines (213) 745-6434 / (213) 222-1237 <http://www.1736familycrisiscenter.org> / 2116 Arlington Ave, Suite 200, Los Angeles, CA 90018

Coalition for Humane Immigrant Rights of Los Angeles (CHIRLA) offers low-cost legal services for immigrants, policy advocacy, and community outreach. (213) 353-1333

Victims of Crime compensation helps pay bills and expenses that result from violent crimes that are not covered by insurance. (800) 777-9229 / <https://victims.ca.gov/victims/>

Victim Assistance Program at Southeast LAPD help fill out victims of crime application and offers crisis intervention, emergency assistance, and court escort. The advocate is Cynthia Dorantes. (213) 972-1045 / 145 W 108th St, Los Angeles, CA 90061 / www.helpplacrimevictims.org

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City Attorney's Office offers numerous resources, such as free mediation to resolve disputes, victim assistance, violence prevention, and school safety. (213) 978-8100 / James K Hahn City Hall East, Suite 800, Los Angeles, CA 90012

LGBTQ

Los Angeles LGBTQ Center offers medical and mental health and wellness services which include social services and housing for all ages. (323) 286-7224 / lalgbtcenter.org / El Centro 553 S Clarence St, Los Angeles, CA 90033

LAPD LGBTQ Liaisons: (213) 486-6000

Housing

211 LA offers information and referrals for all health and human services in LA county, such as emergency housing. 24/7 Call 2-1-1

Department of Public Social Services offers a variety of services such as homeless assistance, emergency assistance to prevent eviction, welfare-to-work, child care, and CalWorks. (310) 258-7400 / 10728 S Central Ave, Los Angeles, CA 90059

Food Pantry

LA Regional Food Bank (323) 234-3030 / 1734 E 41st St., Los Angeles, CA 90058 | <https://www.lafoodbank.org/find-food/pantry-locator/>

Freemont Free Food Market 2nd and 4th Wednesdays of every month 7821 S Avalon Blvd, Los Angeles, CA 90003

Suicide Prevention

Didi Hirsch Suicide Prevention Center offers suicide support groups and care and 24/7 Suicide Prevention Center (877) 727-4747 and Teen Line (310) 855-4673 or text TEEN to 839863 or National Suicide Prevention Lifeline (800) 273-8255

LGBTQ Suicide Hotline 24/7 (866) 488-7386

Free Meditation Applications

Headspace offers guided meditations. Stories, soundscapes, and music to help sleep soundly. www.headspace.com

InsightTimer Meditation, Yoga, Sleep, Live, and Work, supports with anxiety and stress. www.insighttimer.com

Relax Melodies is here to help quiet your mind. www.relaxmelodies.com